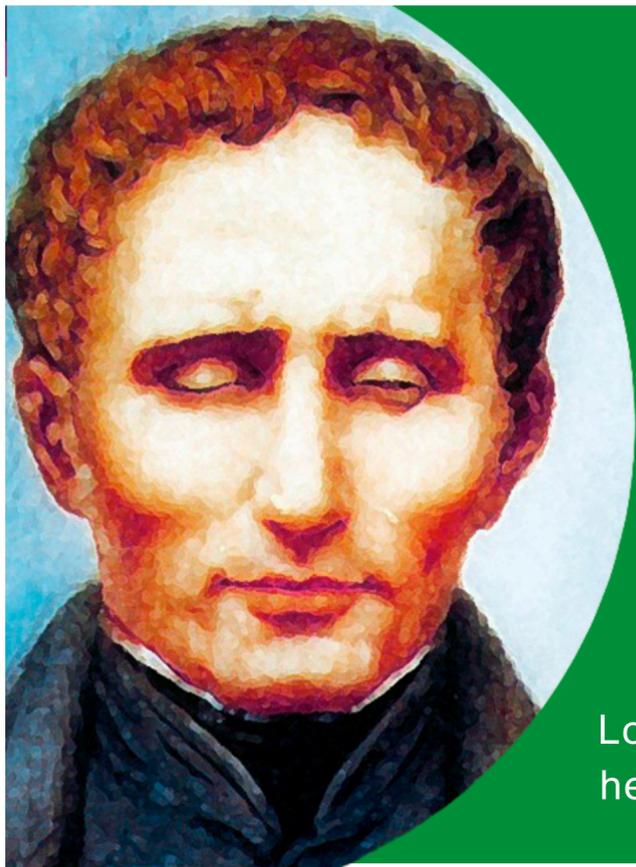


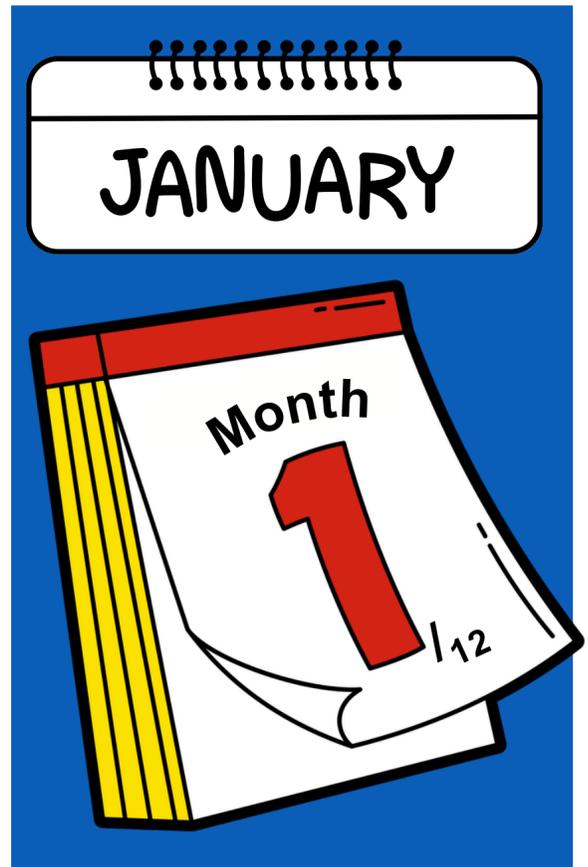
# NEWSLETTER



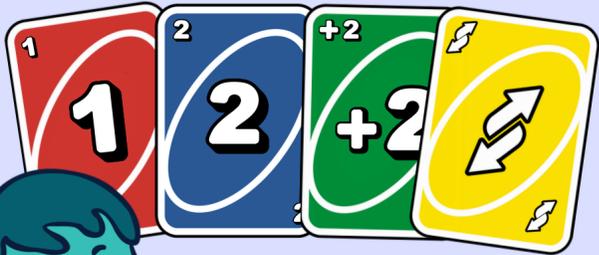
“Live without seeing, but be who you are“

- Louis Braille

Louis Braille was 15 when he invented Braille writing.

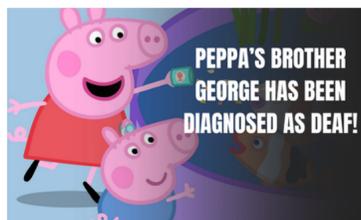


## UNO switch-up



The colour of your card decides your question.

## The Peppa Pig TV show: Announces that they are working with the National Deaf Children Society



The Peppa Pig TV show has announced that they

are working with the National Deaf Children Society to produce a new storyline where one of the main characters is moderately deaf! George Pig has been given a hearing aid after having a hearing test where he could only identify 2 of the 4 sounds. Within the storyline Peppa and

George will attend a routine audiology assessment, where they will learn that George is moderately deaf in one ear. He will then be fitted with a hearing aid, allowing him to explore sounds in a different way. The episode will continue with him learning and experiencing multiple different sounds, with it ending on George saying his sisters name for the first time.

*See inside for more information*

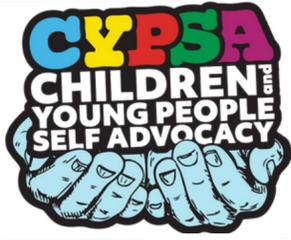
## BREAKING NEWS

### News Highlights

- The latest PIP changes
- A blind sailor joins Paralympics
- A one-off Braille tube amp has been made for a blind guitarist

See inside for more information

Help each other		
Open to suggestions		
Confidentiality		

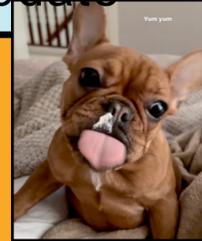


# UPDATES/ NEWS

## Agenda

- Introductions
- Icebreaker
- Group Agreement
- The year ahead
- Services
- Feedback

South West conference update



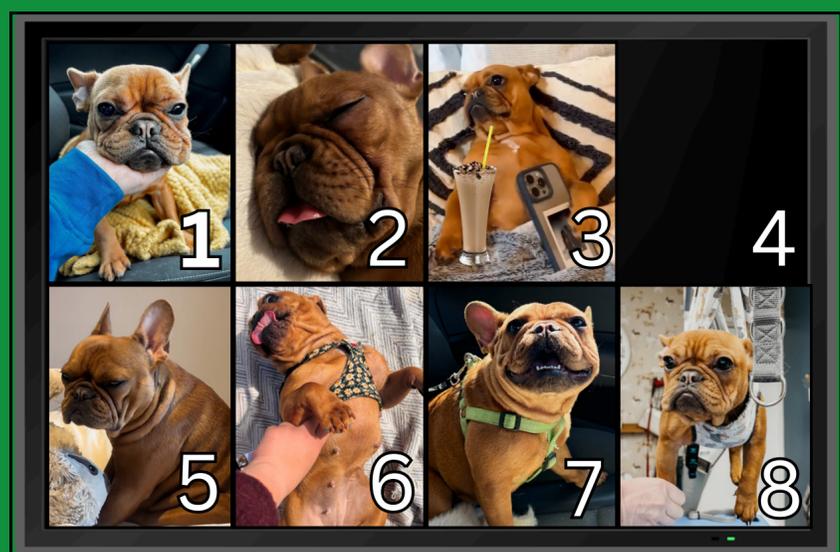
PAGE 4

**NEW**

**CYPSA**  
CHILDREN and YOUNG PEOPLE  
SELF ADVOCACY

Our world, our voice, our choice

To start off the year, CYPSA introduces a new tagline that reflects what truly matters. Our world, our voice, our choice. Is more than just words its a statement of empowerment, recognising our young people deserve to be heard, to influence the the world around them, and to have a real say in the services and support that shape their lives.



This month when asked to choose an image based on how we are feeling, we had images of Remi, our Engagement workers, pup!

## Monthly Highlights & SEND specific news

**BREAKING NEWS**

PIP Changes: Everything you need to know.



[Link to article](#)

Blind sailor aims 2032 for Paralympics.



[Link to article](#)

A one-off Braille tube amp has been made for a blind guitarist



[Link to article](#)



# MEETING SUMMARY

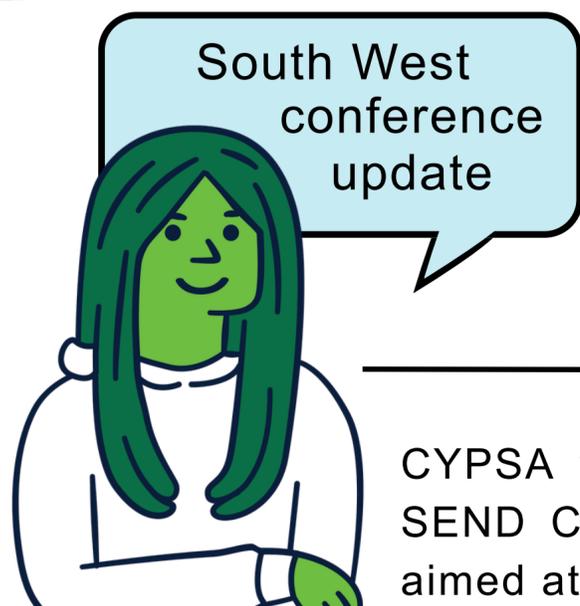
This month's CYP SA meeting was on the combined topic of Services and CYP SAs plans for 2026! We started with our usual introductions but this month, with photos of Remi who is our engagement worker's dog! We then followed on with a new ice breaker that was created over Christmas!

Our new ice breaker was more getting to know you questions which were on Uno cards! One of the favourite questions was to give two truths and a lie for the other members to guess! Our engagement and participation worker did one with the options of: I was born in Cape Town, I watch a lot of football and I have three dogs... If you guessed I watch a lot of football as the lie - you were right!

Next on our agenda was taglines! Before Christmas we discussed the proposal of creating a tagline for us to use, which would be particularly good for events we attend. After having different options (including not to have one), the group decided that CYP SAs tagline would be 'Our World, Our Voices, Our Choices'! We agreed that it would remind everyone of the autonomy our young people have in making changes across the system locally, regionally and nationally. After discussing the tagline, we moved onto an update that the Project Manager and Young People's Champion had attended and presented at a regional conference in January, which focused on Inclusion and Ordinarily Available Provision.

The main topic of this month was Services, where we asked different questions about the services young people previously or currently received, and our positive and negative experiences were from these services. After this topic we moved on to the year ahead, which is something CYP SA does during the first session of the year, where we focus on topics that our members would like to discuss and any goals they have for CYP SA over the next year. It always promotes conversations about how different areas do different things and how the structure of support also differs, even with in similar services.

In our evaluation all 4 of our members who attended voted that they felt they had been listened too and that they had the chance to join in.



# YOUNG PEOPLE'S CHAMPION

CYPSA was invited to attend and present at the South West SEND Conference run by South West RIIA, which is two days aimed at professionals and management across local

partnerships who work together to improve outcomes for young people with a variety of different professionals and Parent Carers Forums attending and presenting. The focus of this conference was inclusion and ordinarily available provision, and CYPSA presented an interactive presentation made up of children and young peoples views and also some challenging questions for the region.

CYPSA was the first to present! The first half of the presentation contained young people's views, thoughts and lived experience on the topic, we collected these views via two methods. Firstly, using previous comments on previous months topics from the last 3 years which allowed to gather thoughts across health, social care and education. Secondly, our Young People's Champion created a survey that was sent out to our members which asked more specific questions for example what qualities make them feel included and asked for examples of when they have and have not felt included.

The second half of our presentation was interactive; we have 5 standard questions that get asked at every conference and event CYPSA presents at, which are good metrics for us to measure some key data points and ensure that we are making progress. Our Young People's Champion created some additional challenging questions to put to the region which focused on bringing young people back to the centre of everything.

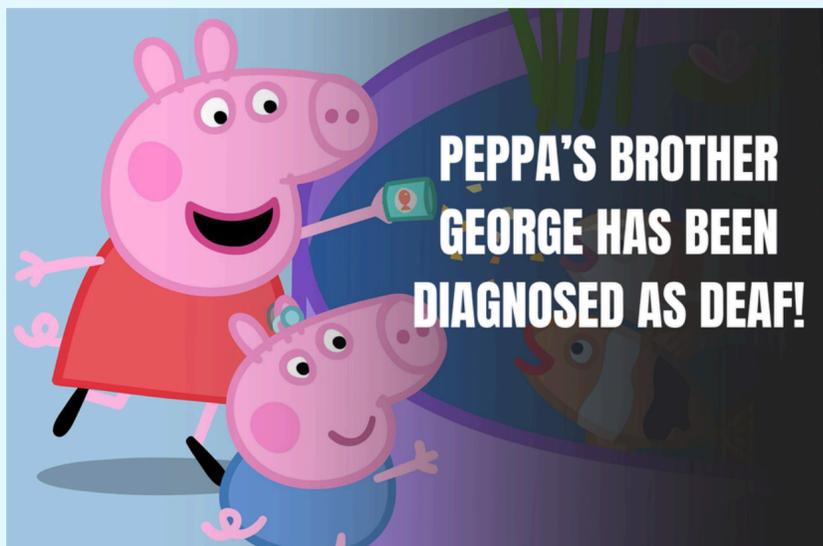


One of the questions we asked was 'When does inclusion become exclusion?' which was very well received in the room, which had a good response in the room and sparked many discussions.

After CYPsAs presentation the conference continued with a wide range of local, regional and national updates and contributions focusing on how they support inclusion and ordinarily available provision.

– Written by YPC

# THE PEPPA PIG TV SHOW: ARE WORKING WITH THE NATIONAL DEAF CHILDREN SOCIETY

**BREAKING  
NEWS**

The Peppa Pig TV show has announced that they are working with the National Deaf Children Society to produce a new storyline where one of the main characters is moderately deaf!

George Pig has been given a hearing aid after having a hearing test where he could only identify 2 of the 4 sounds.

Within the storyline Peppa and George will attend a routine audiology assessment, where they will learn that George is moderately deaf in one ear. He will then be fitted with a hearing aid, allowing him to explore sounds in a different way. The episode will continue with him learning and experiencing multiple different sounds, with it ending on George saying his sister's name for the first time!

This storyline has been a move to help families understand more about hearing loss and how important audiology appointments are. It also provides vitally needed disabled and deaf role models, as very few kids TV shows include this. Over 54,000 children in England are diagnosed deaf with the number of children undiagnosed being unknown. The episode airs on March 9th on Channel 5/Milkshake.

– Written by YPC

CYPSA

Wishes

2026

To learn more about what happens when we turn 25 and more about adult services. NHS and health services.



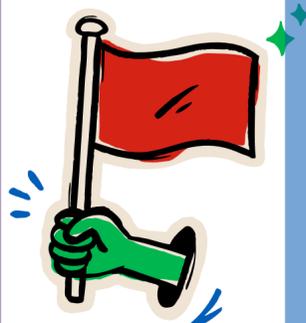
Connecting with more groups like us

Give a voice to everyone



To gain self confidence

For all young people to have a voice



To have a resource created or for us to help make one on losing your EHCP and turning 25 with all the steps you follow.

# Member's reasons for joining CYP SA

Wanting to make a change for SEN young people

I joined through my local group to have a voice in health care

To gain some self confidence

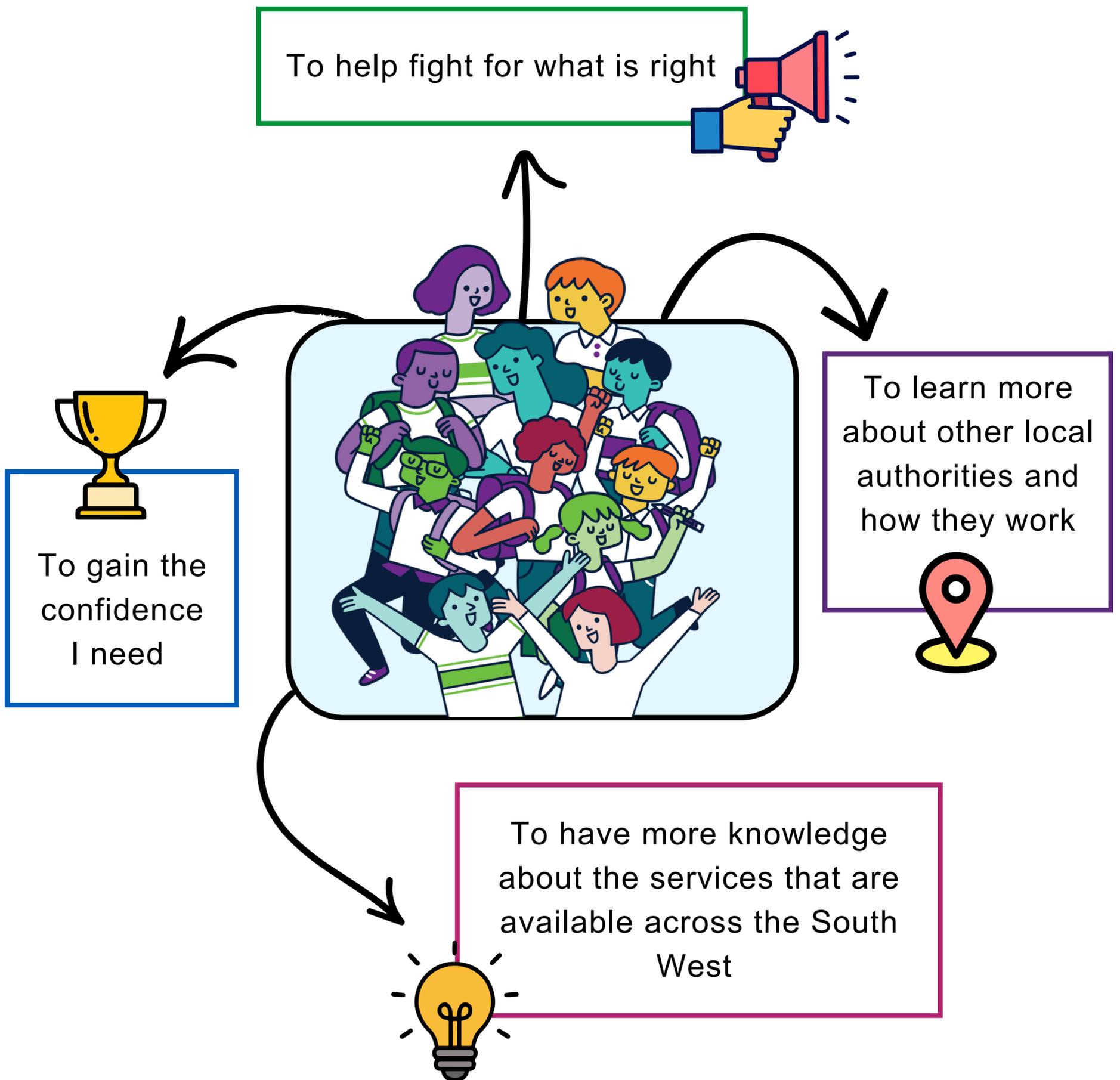
The project manager told me about all the amazing work I can do to help change services

To gain confidence, to be apart of making a change

To make further change, for those in the futue too



# What our members hope to get from their time with CYPSEA



# Services our members use and/or have access to



- Ears, nose and throat specialists



- Adult Social Care



- Adult mental health team
- In Charlies Memory - mental health support, charity ( Based in somerset )



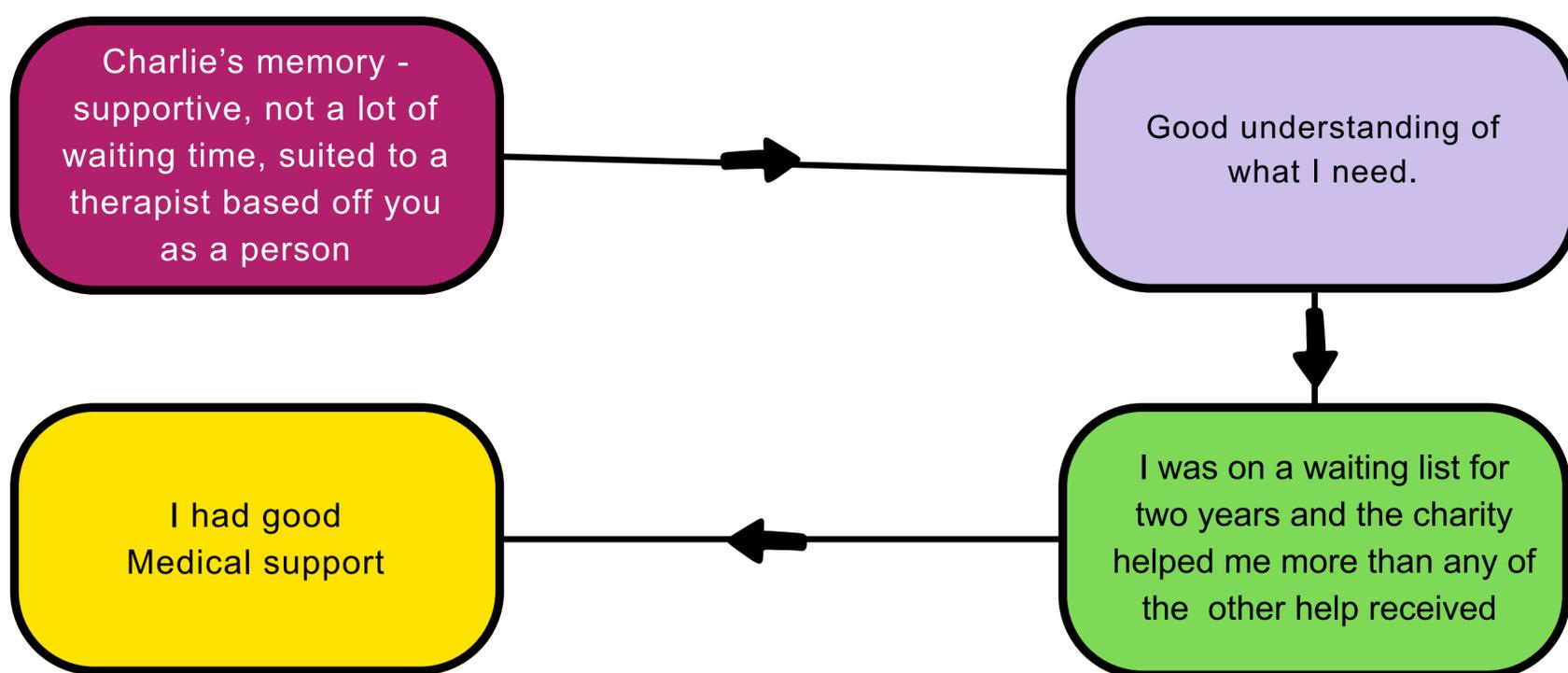
- Medical Services and support



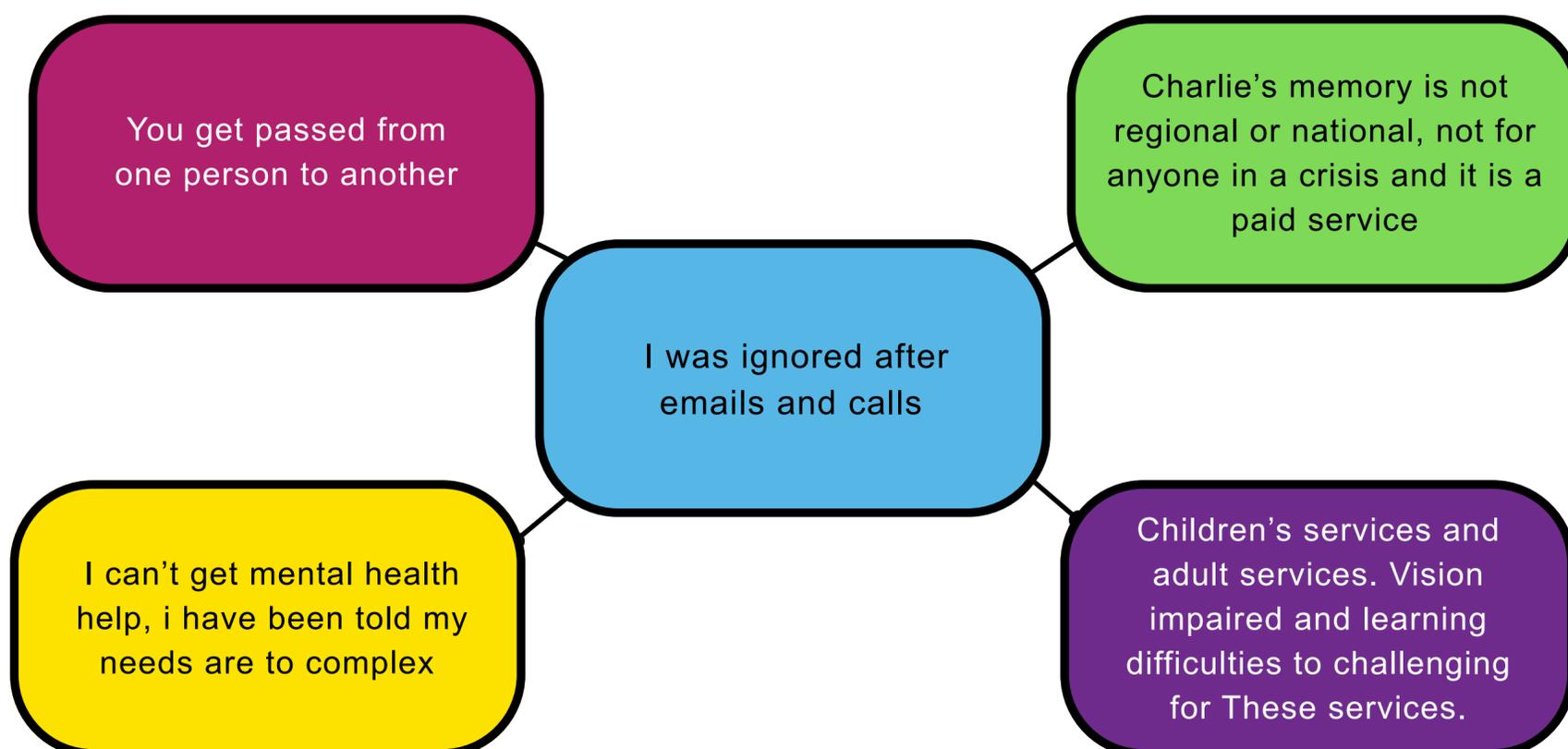
- Transitional support, children to adult services

# Services: Members Point of view

## What went well when dealing with their services



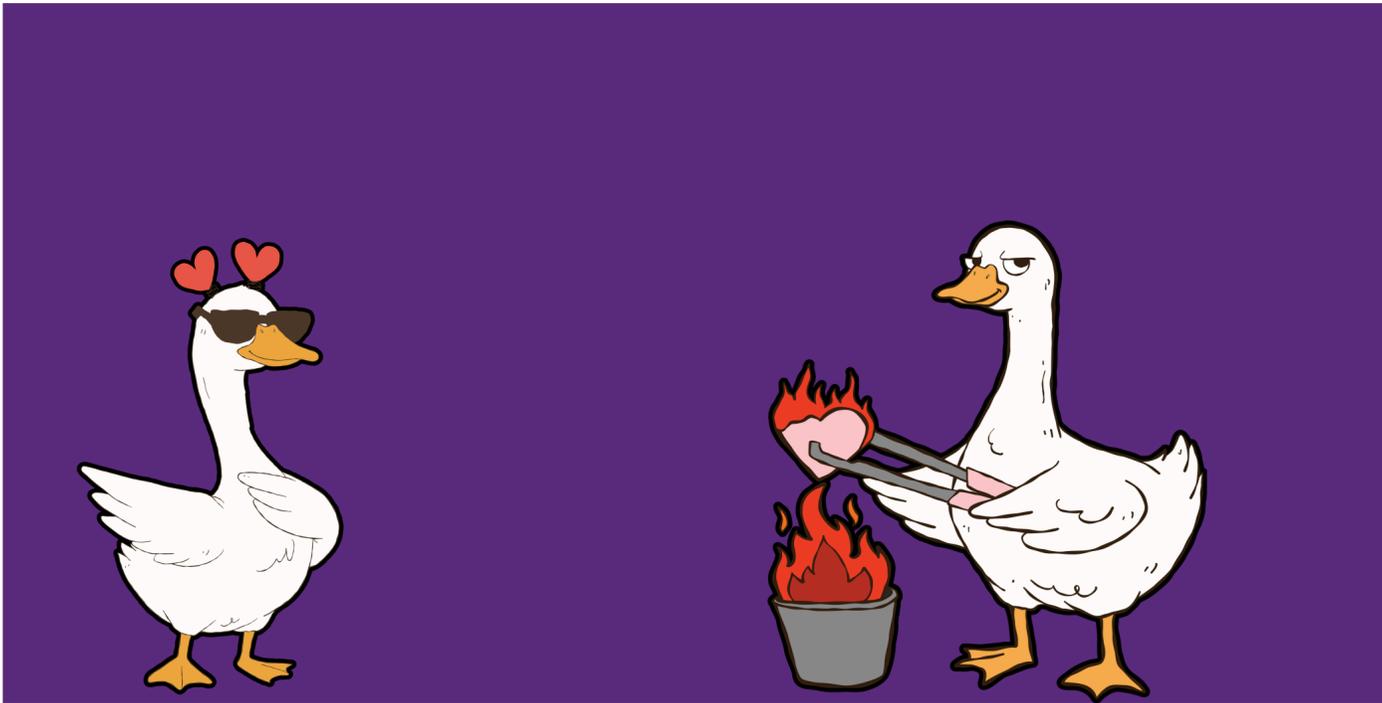
## What didn't go so well when dealing with their services



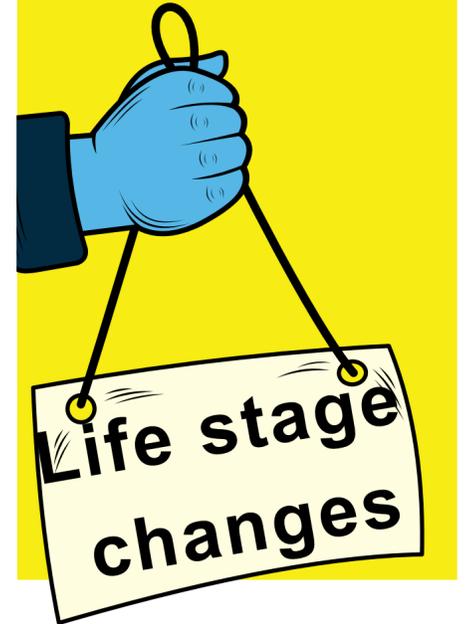
# Members who have had their services ceased



4 out of the 5 members, attending voted yes and 1 voted No



February's topic:



**Help each other**

- It is important to help each other as we all want to help each other.
- We are all here to share our experiences, so we need to help each other so we feel comfortable to share. This is a safe space.



**Be open to suggestions**

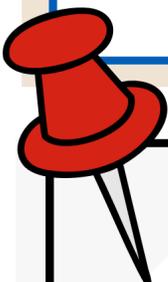
- It is so important to work as a team.
- Its really important to hear everyone's views, as we all have different experiences, because we have different experiences, we have different suggestions.



**Confidentiality**

- We might share personal health experiences, that we don't want sharing further.
- Keep all personal stories in the group, because we don't want everyone to know our stories.

**Group Agreement**



Making mistakes is part of life



Your thoughts and fears are not facts



Whatever happens, you can get through it



You aren't defined by your past

**Reminders: For overthinking**



You are doing the best you an



Your achievements don't define you



The bad days aren't forever



These thoughts aren't forever